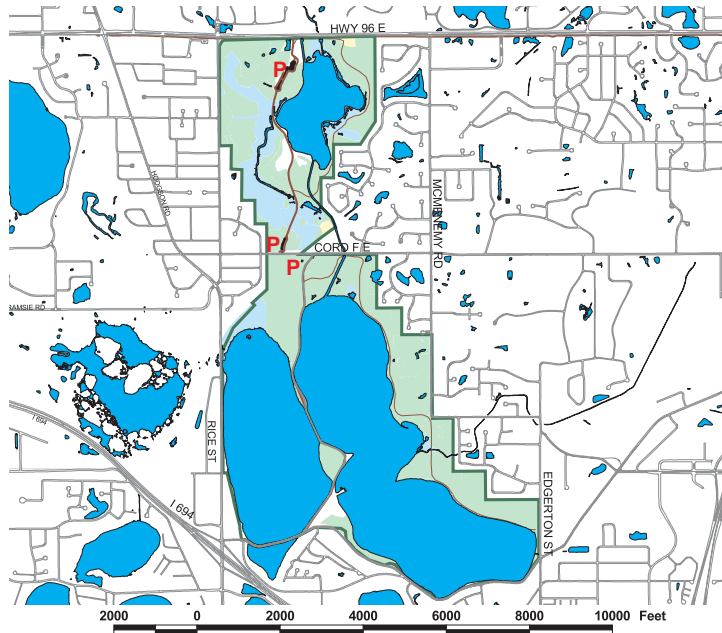


Vadnais/Sucker Lake



LOCATION: Vadnais/Sucker Lake is the eastern half of Vadnais-Snail Lakes Regional Park. The park is on the eastern edge of Vadnais Heights. The lakes in the park are the reservoir for the St. Paul Regional Water Authority. The park and its mixture of paved and dirt trails can be reached from several parking areas off of Vadnais Lake Blvd, Co. Rd. F and directly off Rice St, just south of Hwy 96. Take the Rice St. exit from I-694 and go north. The accesses are to the east of Rice St.
MAP #: 6

HABITAT: Vadnais and Sucker Lakes are both deep lakes and are two of the last lakes to freeze in the winter. The wetlands are composed of extensive tamarack and shrub swamps with a large fen in the north west quadrant. The forest habitat is mainly mature pine plantations with some areas of oak woods.

REGULAR BIRDS: Nesting Pine Warblers and Red-shouldered Hawks. A variety of marsh birds use the fen. Common Loons nest of West Vadnais Lakes. East Vadnais is one of the better fall migratory waterfowl lakes. The park is also good for migratory warblers and Red-breasted Nuthatch.

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