

## Long-term

### Youth In Transition

#### Conferences

are a youth-driven, strengths based process to assist youth in moving from foster care to independent living. YTC brings in youth identified support system and identifies strengths, needs and resources. Youth identifies goals and group helps to identify strategies for achieving goals.



**Nothing about me without me**

## Projective

### ASSIST YOUTH

- ⇒ Develop sense of Your future
- ⇒ Learn how to set goals, accomplish tasks and monitor results
- ⇒ Challenge Yourself by trying new things and making own decisions
- ⇒ Recognize Your strengths, capacities and sense of control over Your life
- ⇒ Develop a support network and help stay connected to family and community

### GOALS OF CONFERENCE

- ⇒ Increase Your ability to be self-determined and prepared for life outside foster care
- ⇒ Youth-driven process– You identify goals, and makes decisions on plan
- ⇒ Create Individually tailored, outcome-driven plans
- ⇒ Develop and/or foster communication between family and community support

### PROCESS

- ⇒ Meet with Social Worker and complete referral form provided by worker
- ⇒ Choose 2 dates and locations that will work for you
- ⇒ YTC coordinator will meet with you to go over referral and coordinator will contact your identified conference participants
- ⇒ YTC coordinator will secure date and location and inform your Social Worker, You and all Participants
- ⇒ Attend conference and develop Your plan
- ⇒ YTC coordinator will complete plan and distribute

## Planning

### Areas of Focus in Conference

Identity Formation  
Education/Training  
Employment/Career  
Life Skills  
Circle of Support  
Social/Recreational  
Housing/Living Arrangements  
Health Care/Medical Coverage  
Transportation/Drivers License  
Money Management/Budget  
Documents

### Considerations:

Strengths  
Needs  
Resources/Supports to achieve goals





## Ramsey County Human Services

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### RESOURCES

[www.c3mn.org/](http://www.c3mn.org/)  
[www.mapping-your-future.org](http://www.mapping-your-future.org)  
[www.casey.org/Youth](http://www.casey.org/Youth)  
[www.fosterclub.com](http://www.fosterclub.com)  
[www.minnesotahelp.info](http://www.minnesotahelp.info)  
[www.kidshealth.org](http://www.kidshealth.org)  
[www.nrcys.ou.edu](http://www.nrcys.ou.edu)  
[www.mnscu.edu/](http://www.mnscu.edu/)  
[www.mnprivatecolleges.com](http://www.mnprivatecolleges.com)  
[www.finaid.org](http://www.finaid.org)  
[www.orphan.org](http://www.orphan.org)  
[www.page-ed.org](http://www.page-ed.org)  
[www.positivelyminnesota.com/](http://www.positivelyminnesota.com/)  
[www.face2face.org](http://www.face2face.org)

Please be aware there will not be day-care provided. Arrangements for child care should be made prior to the conference

Light snacks will be provided. Allow 2 hours for completion of conference

### Meeting in the community

#### Bigelow–

(upon request if available)

#### Environmental Health Building–

(Appointments available 10AM - 4PM  
Wednesday)

#### Ramsey County Nursing Home–

(Appointments available 4PM-7PM most evenings)

#### Arden Hills Public Works–

(Appointments available 1PM - 6PM Monday)

### Address to conference sites:

**Bigelow-** 450 syndicate St., St. Paul

#### Environmental Health Building–

2785 White Bear Ave. N., St. Paul  
1st floor conference room

#### Ramsey County Nursing Home–

2000 White Bear Ave., Maplewood

#### Arden Hills Public Works Building

1425 Paul Kirkwold Drive, Arden Hills  
Room 576



# YTC Youth In Transition Conferences

A youth transition conference is *Your* meeting to start planning for *Your* future

- \* At YTC you will meet with your support people and service providers
- \* Discuss your strengths and make goals for yourself
- \* Get help from group members to find resources and reach your goals
- \* People to invite: Foster Parents, Guardian Ad Litem, Family Members, Mentors, Therapists, School Social Workers/Counselors, Teachers, Faith Community Support Members and anyone else you feel supported by

